



The Zen Lawyer

# The Zen Lawyer Workshop & Retreat

3 DAYS RETREAT

THE BUDDHIST TEMPLE OF TOLEDO  
OCTOBER 16 -20, 2024



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This three-and-a-half day workshop, facilitated by actor and trial consultant Joshua Karton, trial lawyer Michael Leizerman, and Zen Abbot Rinsen Roshi, fuses theater skills, martial arts, and mindfulness training to connect with a jury and win cases.

WHERE?

**The Buddhist Temple of Toledo**

To succeed as a trial lawyer and a human being, it is necessary to be able to converse not only in logic, but also in intuitive and emotional truth. In service to this, The Zen Lawyer Workshop & Retreat focuses on five cores of self-improvement that function both professionally and personally: physical, emotional, logical, motivational and Zen.

## WORKSHOP HIGHLIGHTS:

- Mindfulness in Law Practice: Learn Zen meditation to help you listen to your client, your opponent, your judge, your jury and yourself.
- The Trial Warrior: Learn Aikido principles as they apply to jury selection, cross-examination, and other parts of your trial.
- Transform stage fright into stage presence. Create the jury's collective "NOW".
- Learn how to organize and prove your case using Core Truths during case prep, deposition, and trial.

Registration | Info: [thezenlawyer.com](http://thezenlawyer.com)

## THE LOCATION - THE ZEN BUDDHIST TEMPLE OF TOLEDO

Discover immersive presence by staying at the Buddhist Temple of Toledo, located at 3902 Emmajean Road, Toledo, OH 43607. Enjoy our inclusive accommodations with free lodging available in men's, women's, or non-gender identified bunk rooms. Rest easy knowing that our facilities offer well-equipped restrooms and showers for your convenience. Each room features seven bunks, providing comfortable accommodations for up to fourteen guests. Experience simplicity and comfort during your stay at our welcoming temple retreat.



## INSTRUCTORS

### **Joshua Karton**

Actor, Director, Writer and Trial Consultant

### **Michael Leizerman**

Trial Lawyer (practice concentrates on select catastrophic trucking cases),  
Zen Practice Leader, Aikido Student, William Esper Acting Studio Summer  
Graduate

### **Jay Rinsen Weik**

Rinsen Roshi is a 6th Degree Black Belt in Aikido, Zen Abbott and Teacher





The Zen Lawyer Workshop

*Taking authenticity and truth into the courtroom*

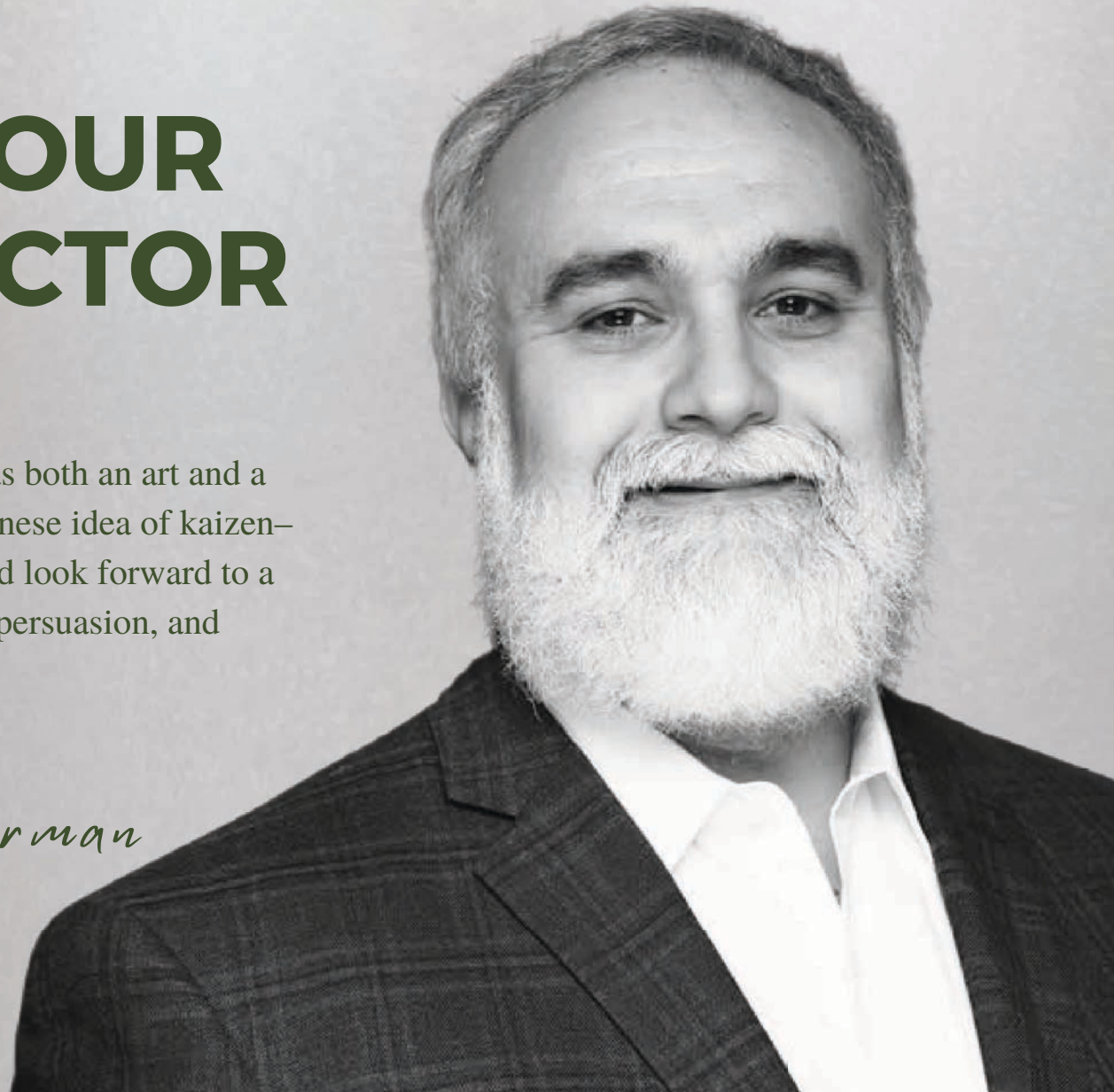
# MEET YOUR INSTRUCTOR

"I see my work as a lawyer as both an art and a science. I believe in the Japanese idea of kaizen—continuous improvement—and look forward to a lifetime of study of the law, persuasion, and becoming a better person."

*Michael Leizerman*

TRIAL LAWYER

ZEN PRACTICE LEADER





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*Taking authenticity and truth into the courtroom*

# MEET YOUR INSTRUCTOR

"When you are really in touch with your own human experience, it is easier to be unafraid of anybody else's human existence. When you can really put yourself in another person's shoes, it is easier for you to find some way of relating to them. As abhorrent and as objectionable they may be, or as noble and inspiring they may be, there is a way in which all humans share the full range of possible cravings and emotions and also rise from the same ground of being."

*Jay Ringen Weik*

ABBOT, BUDDHIST TEMPLE OF TOLEDO





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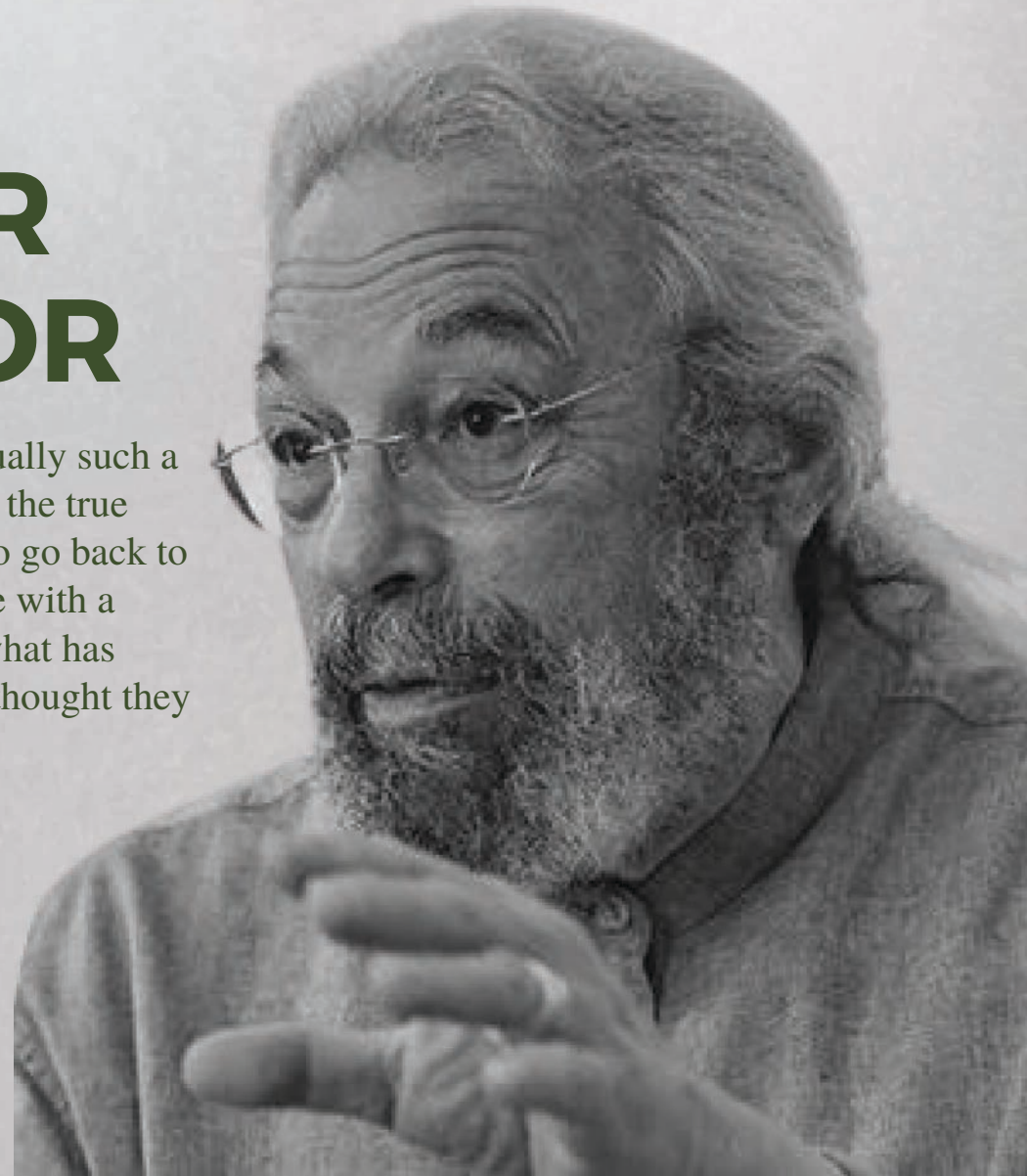
*Taking authenticity and truth into the courtroom*

# MEET YOUR INSTRUCTOR

"In the practice of advocacy, is there actually such a thing as "advanced"? What distinguishes the true masters I encounter is their willingness to go back to scratch, to keep re-entering the landscape with a beginner's mind, so they may discover what has always been there, unseen, in what they thought they already knew."

*Joshua Karton*

ACTOR, DIRECTOR, WRITER  
TRIAL CONSULTANT





## The Zen Lawyer Workshop Participant Highlights

*Taking authenticity and truth into the courtroom*

"Every day, every session, from 7 am to 10 pm, with breaks for lunches and dinners, had 100% attendance, and no one was in a hurry for a session to end. I have never seen that level of commitment by attendees and teachers at a legal workshop. Michael and our other two teachers, Joshua Karton and Jay Rinsen Weik, held our attention every session, pouring everything they had into helping each of us become Core Truth warriors, better lawyers, and better storytellers... I would definitely recommend Michael's next Core Method Workshop to male and female lawyers of all ages and experience levels."

*Michael J. Malkiewicz,*  
Delaware

## The Zen Lawyer Workshop Participant Highlights

*Taking authenticity and truth into the courtroom*

"There is nothing out there like Michael Leizerman's Core Method Workshop. Michael is a terrific teacher, who approaches cases from a completely different perspective. It is also impossible to spend more than ten minutes with Joshua Karton and not walk away a better lawyer. Finally, Jay Rinsen Weik brings a joyful calm that would benefit any trial warrior.

As a past attendee, I can say without doubt this seminar has improved the way I practice law. I would encourage any trial lawyer to take advantage of this unique opportunity to grow.

*Joe Ervin*  
Oklahoma City



# What to Expect

- 6:00 a.m. \_\_\_\_ Wake up bell
- 7:00 a.m. \_\_\_\_ Zazen (sitting meditation) and individual interviews
- 8:00 a.m. \_\_\_\_ Breakfast
- 9:00 a.m. \_\_\_\_ Zazen talk, using meditation in work and life (Rinsen)
- 11:00 a.m. \_\_\_\_ Core Truths and integrating Zazen for lawyers (Michael)
- 12:00 p.m. \_\_\_\_ Lunch
- 12:30 p.m. \_\_\_\_ Rest practice
- 1:30 p.m. \_\_\_\_ Walking meditation
- 2:00 p.m. \_\_\_\_ Email and phone practice
- 2:30 p.m. \_\_\_\_ Centering and Aikido exercises (Rinsen)
- 4:30 p.m. \_\_\_\_ Integrating centering in law practice (Michael)
- 5:30 p.m. \_\_\_\_ Prepare for dinner
- 6:00 p.m. \_\_\_\_ Dinner
- 7:00 p.m. \_\_\_\_ Michael on Damages
- 10:00 p.m. \_\_\_\_ Lights out, silence for reflection

# The Zen Lawyer Workshop



The Buddhist Temple of Toledo

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Participants Practicing Aikido

# The Zen Lawyer Workshop



Joshua Karton giving one-on-one guidance

# The Zen Lawyer Workshop



Jay Rinsen Weik leading Aikido practice

# The Zen Lawyer Workshop



Participants during Joshua Karton's session



# The Zen Lawyer Workshop



Morning practice with Jay Rinsen Weik

TAKE AUTHENTICITY AND TRUTH INTO THE COURTROOM  
TO GIVE YOUR CLIENTS A WINNING EDGE.



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ACCEPTING EARLY BIRD REGISTRATIONS

For more details visit: [thezenlawyer.com](http://thezenlawyer.com)